

KONSTANTINOS Z. VARDAKAS, MD, PhD

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Date of birth: 03/01/1978

Sex: male

Marital status: married

Nationality: Greek

Health status: Excellent

QUALIFICATIONS

June 2011: Doctorate, University of Crete School of Medicine

January 2011: Internal Medicine Specialist

December 2002: Medical Degree, University of Athens School of Medicine

June 1995: 1st High school of Kozani (degree of excellence)

PROFESSIONAL ORGANIZATIONS

European Society of Clinical Microbiology and Infectious Diseases

Athens Medical Association, Greece

PROFESSIONAL TRAINING

April 2008 – January 2011 Senior House Officer/Senior resident, Department of Internal Medicine, “Georgios Gennimatas” General Hospital, Thessaloniki, Greece.

April 2006 – April 2008 Senior House Officer/Junior resident, Department of Internal Medicine, “Georgios Gennimatas” General Hospital, Thessaloniki, Greece.

February 2003 – May 2003 Senior House Officer/Junior resident “Mamatsio” General Hospital, Kozani, Greece.

OTHER PROFESSIONAL EXPERIENCE

November 2012- today Internal Medicine Specialist, Private Practice

June 2012 – October 2012 Internal Medicine Specialist, Department of Medicine-Infectious Diseases, Mitera General Hospital, Hygeia group

June 2011 – May 2012 Internal Medicine Specialist, Infectious Diseases Clinic, Henry Dunant General Hospital, Admitting privileges

April 2011- continuing Internal Medicine Specialist, Mediteraneo General Hospital, Admitting Privileges

February 2011- continuing Internal Medicine Specialist, SOS Doctors, Private Practice

May 2005 - February 2006 Army Unit Doctor, National Military Service, Greece

November 2004 – April 2005 On duty doctor, “Palladio” Private Psychiatric Clinic (in charge of emergency Medical and Surgical cases of psychiatric patients).

May 2003 – June 2004 Primary health Care Physician, Centre of Health of Servia, Kozani, Greece.

March 2003 – June 2004 On duty doctor, “N. Spinaris” Private Psychiatric Clinic (in

charge of emergency Medical and Surgical cases of Psychiatric patients).

RESEARCH EXPERIENCE

June 2009 – October 2010 Clinical research: design, implementation, and analysis of clinical studies focusing on multidrug resistant *Klebsiella pneumonia* nosocomial infections, Intensive care Unit, “G. Gennimatas” General Hospital, Thessaloniki, Greece

September 2007 – September 2010 Doctorate student, University of Crete School of Medicine, “The need for the use of antibiotics as prophylaxis for infections in high risk patients for development of infections”

July 2006 – continuing Clinical Research Fellow and Substitute member of Research Committee, Alfa Institute of Biomedical Sciences, Athens, Greece

July 2004 – continuing Clinical Research; design, implementation, and analysis of clinical studies focusing on nosocomial infections, gram positive infections, fungal infections, and antimicrobial prophylaxis, Alfa Institute of Biomedical Sciences, Athens, Greece

October 2001 – March 2002 2nd Department of Internal Medicine, Athens University School of Medicine: participation in the execution of two protocols of the under the supervision of Associate Professor N. Nanas: “the effect of glucose-insulinpotassium solution in myocardial infarction” and “the use of intraaortic pump post myocardial infarction”, both executed on pigs.

TEACHING EXPERIENCE

July 2004 – continuing Participation in writing of 24 review articles

October 2007 – January 2008 Instructor in First Aids, Triandria Institute of Occupational Training, Thessaloniki, Greece

February 2007 – June 2007 Instructor in First Aids, Thermi Institute of Occupational Training, Thessaloniki, Greece

RESEARCH THESIS

“The need for the use of antibiotics as prophylaxis for infections in high risk patients for development of infections”

Mentor: George Samonis, Professor of Internal Medicine, Department of Internal Medicine, University of Crete School of Medicine, Herakleion, Greece

CITATIONS

My articles have been cited more than 1000 times in papers published in journals indexed by Thompson Scientific (Institute of scientific Information – ISI), Philadelphia, Pennsylvania.

REVIEWER IN PEER-REVIEW JOURNALS

Journal of Antimicrobial Chemotherapy

Clinical Microbiology and Infection

BMC Infectious Diseases

BMC Microbiology

BMC Research Notes

Expert Opinion on Pharmacotherapy

Expert Reviews of Anti-Cancer Therapy

Expert Reviews of Anti-Infective Therapy

Journal of Chemotherapy

PUBLISHED ARTICLES

- 1) Samonis G, **Vardakas KZ**, Maraki S, Tansarli GS, Dimopoulou D, Kofteridis DP, Andrianaki AM, Falagas ME. A prospective study of characteristics and outcomes of bacteremia in patients with solid organ or hematologic malignancies. *Support Care Cancer*. 2013 in print.
- 2) Falagas ME, Tansarli GS, Kapaskelis A, **Vardakas KZ**. Ertapenem use and antimicrobial resistance to group 2 carbapenems in Gram-negative infections: a systematic review. *Expert Reviews in Anti Infective Therapy*. 2013;11(1):69-78.
- 3) **Vardakas KZ**, Tansarli GS, Bliziotis IA, Falagas ME. β -Lactam plus aminoglycoside or fluoroquinolone combination versus β -lactam monotherapy for *Pseudomonas aeruginosa* infections: a meta-analysis. *International Journal of Antimicrobial Agents*. 2013;41(4):301-10.
- 4) **Vardakas KZ**, Kontopidis I, Gkegkes ID, Rafailidis PI, Falagas ME. Incidence, characteristics, and outcomes of patients with bone and joint infections due to community-associated methicillin-resistant *Staphylococcus aureus*: a systematic review. *European Journal of Clinical Microbiology and Infectious Diseases*. 2013;32(6):711-21
- 5) Mavros MN, Alexiou VG, **Vardakas KZ**, Falagas ME. Understanding of statistical terms routinely used in meta-analyses: an international survey among researchers. *PLoS One*. 2013;8(1):e47229.
- 6) **Vardakas KZ**, Rafailidis PI, Konstantelias AA, Falagas ME. Predictors of mortality in patients with infections due to multi-drug resistant Gram negative bacteria: the study, the patient, the bug or the drug? *Journal of Infection*. 2013;66(5):401-14.
- 7) Falagas ME, Tansarli GS, Ikawa K, **Vardakas KZ**. Clinical outcomes with extended or continuous versus short-term intravenous infusion of carbapenems and piperacillin/tazobactam: a systematic review and meta-analysis. *Clin Infect Dis*. 2012;56(2):272-82
- 8) Mavros MN, Tansarli GS, **Vardakas KZ**, Rafailidis PI, Karageorgopoulos DE, Falagas ME. Impact of vancomycin minimum inhibitory concentration on clinical outcomes of patients with vancomycin-susceptible *Staphylococcus aureus* infections: a meta-analysis and meta-regression. *Int J Antimicrob Agents*. 2012;40(6):496-509.
- 9) **Vardakas KZ**, Konstantelias AA, Loizidis G, Rafailidis PI, Falagas ME. Risk factors for development of *Clostridium difficile* infection due to BI/NAP1/027 strain: a meta-analysis. *Int J Infect Dis*. 2012;16(11):e768-73.
- 10) Polyzos KA, Mavros MN, **Vardakas KZ**, Makris MC, Rafailidis PI, Falagas ME. Efficacy and safety of telavancin in clinical trials: a systematic review and meta-analysis. *PLoS One*. 2012;7(8):e41870.
- 11) **Vardakas KZ**, Tansarli GS, Rafailidis PI, Falagas ME. Carbapenems versus alternative antibiotics for the treatment of bacteraemia due to Enterobacteriaceae producing extended-spectrum β -lactamases: a systematic review and meta-analysis. *J Antimicrob Chemother*. 2012;67(12):2793-803.
- 12) Falagas ME, Tansarli GS, Rafailidis PI, Kapaskelis A, **Vardakas KZ**. Impact of antibiotic MIC on infection outcome in patients with susceptible Gram-negative bacteria: a systematic review and meta-analysis. *Antimicrob Agents Chemother* 2012;56(8):4214-22.

- 13) Mavros MN, Alexiou VG, **Vardakas KZ**, Tsokali K, Sardi TA, Falagas ME. Underestimation of Clostridium difficile infection among clinicians: an international survey. *Eur J Clin Microbiol Infect Dis*. 2012;31(9):2439-44.
- 14) Agrafiotis M, **Vardakas KZ**, Gkegkes ID, Kapaskelis A, Falagas ME. Ventilator-associated sinusitis in adults: Systematic review and meta-analysis. *Respiratory Medicine*. 2012 106(8):1082-95
- 15) **Vardakas KZ**, Mavros MN, Roussos N, Falagas ME. Meta-analysis of randomized controlled trials of vancomycin for the treatment of patients with gram-positive infections: focus on the study design. *Mayo Clinic Proceedings*. 2012;87(4):349-63.
- 16) **Vardakas KZ**, Polyzos KA, Patouni K, Rafailidis PI, Samonis G, Falagas ME. Treatment failure and recurrence of Clostridium difficile infection following treatment with vancomycin or metronidazole: a systematic review of the evidence. *International Journal of Antimicrobial Agents*. 2012;40(1):1-8.
- 17) **Vardakas KZ**, Rafailidis PI, Falagas ME. Effectiveness and safety of tigecycline: focus on use for approved indications. *Clinical Infectious Diseases*. 2012;54(11):1672-4.
- 18) Mavros MN, Alexiou VG, **Vardakas KZ**, Tsokali K, Sardi TA, Falagas ME. Underestimation of Clostridium difficile infection among clinicians: an international survey. *European Journal of Clinical Microbiology and Infectious Diseases*. 2012;31(10):2863-4.
- 19) Falagas ME, Roussos N, **Vardakas KZ**. Relative frequency of *albicans* and the various non-*albicans* *Candida* spp among candidemia isolates from inpatients including the critically ill in various parts of the world: a systematic review. *International Journal of Infectious Diseases*, 2010;14(11):e954-66.
- 20) Siempos II, **Vardakas KZ**, Kiriakopoulos C, Ntaidou TK, Falagas ME. Predictors of mortality in patients with ventilator-associated pneumonia. *Shock*, 2010;33(6):590-601.
- 21) **Vardakas KZ**, Matthaïou DK, Falagas ME. Comparison of community-acquired pneumonia due to methicillin-resistant and methicillin-susceptible *Staphylococcus aureus* producing the Panton-Valentine leukocidin. *International Journal of Tuberculosis and Lung Disease*, 2009;13(12):1–10.
- 22) **Vardakas KZ**, Matthaïou DK, Falagas ME. Incidence, characteristics and outcomes of patients with severe CA-MRSA pneumonia. *European Respiratory Journal*, 2009;34(5):1148-58
- 23) **Vardakas KZ**, Matthaïou DK, Falagas ME. Adjunctive dexamethasone therapy for bacterial meningitis in adults: a meta-analysis of randomized controlled trials. *European Journal of Neurology*, 2009;16(6):662-73.
- 24) **Vardakas KZ**, Michalopoulos A, Kiriakidou KG, SiampI EP, Samonis G, Falagas ME. Candidaemia: incidence, risk factors, characteristics and outcomes in immunocompetent critically ill patients. *Clinical Microbiology and Infection*, 2009;15(3):289-92.
- 25) **Vardakas KZ**, Siempos II, Grammatikos A, Athanassa Z, Korbila IP, Falagas ME. Respiratory fluoroquinolones for the treatment of community-acquired pneumonia: a meta-analysis of randomized controlled trials. *Canadian Medical Association Journal*, 2008;179(12):1269-77.
- 26) **Vardakas KZ**, Kioumis I, Falagas ME. Association of pharmacokinetic and pharmacodynamic aspects of linezolid with infection outcome. *Current Drug Metabolism*, 2009;10(1):2-12.

- 27) Falagas ME, Giannopoulou KP, **Vardakas KZ**, Dimopoulos G, Karageorgopoulos DE. Comparison of antibiotics with placebo for treatment of acute sinusitis: a meta-analysis of randomised controlled trials. *Lancet Infectious Diseases*, 2008;8(9):543-52.
- 28) Falagas ME, **Vardakas KZ**. Benefit-risk assessment of linezolid for serious gram-positive bacterial infections. *Drug Safety*, 2008;31(9):753-68.
- 29) Siempos II, **Vardakas KZ**, Kopterides P, Falagas ME. Adjunctive therapies for community-acquired pneumonia: a systematic review. *Journal of Antimicrobial Chemotherapy*, 2008;62(4):661-8.
- 30) **Vardakas KZ**, Horianopoulou M, Falagas ME. Factors associated with treatment failure in patients with diabetic foot infections: An analysis of data from randomized controlled trials. *Diabetes Research and Clinical Practice*, 2008;80(3):344-51.
- 31) Siempos II, **Vardakas KZ**, Falagas ME. Closed tracheal suction systems for prevention of ventilator-associated pneumonia. *British Journal of Anaesthesia*, 2008;100(3):299-306.
- 32) Falagas ME, Siempos II, **Vardakas KZ**: Linezolid versus a glycopeptide or β -lactam for the treatment of Gram-positive bacterial infections: a meta-analysis of randomized controlled trials. *Lancet Infectious Diseases* 2008;8(1):53-66.
- 33) Falagas ME, **Vardakas KZ**, Samonis G. Decreasing the incidence and impact of infections in neutropenic patients: evidence from meta-analyses of randomized controlled trials. *Current Medical Research and Opinion*, 2008;24(1):215-235.
- 34) Siempos II, **Vardakas KZ**, Kopterides P, Falagas ME: Impact of passive humidification on clinical outcomes of mechanically ventilated patients: a meta-analysis of randomized controlled trials. *Critical Care Medicine*, 2007;35:2843–2851.
- 35) **Vardakas KZ**, Ntziora F, Falagas ME. Linezolid: effectiveness and safety for approved and off-label indications. *Expert Opinion in Pharmacotherapy*, 2007;8(14):2381-400.
- 36) Falagas ME, Karveli EA, Siempos II, **Vardakas KZ**: Acinetobacter infections: a growing threat for critically ill patients. *Epidemiology and Infection*, 2008;136(8) ;1009-1019.
- 37) **Vardakas KZ**, Siempos II, Falagas ME: Diabetes mellitus as a risk factor for hospital-acquired pneumonia and its associated mortality. *Diabetes Medicine*, 2007;24(10):1168-71.
- 38) Falagas ME, **Vardakas KZ**, Vergidis PI: Under-diagnosis of common chronic diseases: prevalence and impact on human health. *Journal of International Clinical Practice*, 2007;61(9):1569-1579.
- 39) Fragoulis KN, **Vardakas KZ**, Falagas ME. World Wide Web resources on urogenital infections. *Nephrology Dialysis and Trasplantation*, 2007;22(10):3046-7.
- 40) Falagas ME, Gianopoulou KP, Ntziora F, **Vardakas KZ**: Daptomycin for the treatment of patients with endocarditis and/or bacteremia: a systematic review. *Journal of Antimicrobial Chemotherapy*, 2007;60(1): 7–19.
- 41) Falagas ME, Mourtzoukou EG, **Vardakas KZ**: Sex differences in the incidence and severity of respiratory tract infections. *Respiratory Medicine*, 2007;101(9):1845-1863.
- 42) Rafailidis PI, Kakisi OK, **Vardakas KZ**, Falagas ME: Infectious complications of monoclonal antibodies used in cancer therapy: a systematic review of the evidence from randomized controlled trials. *Cancer*, 2007;109(11):2182–2189.
- 43) Siempos II, **Vardakas KZ**, Manta KG, Falagas ME: Carbapenems for treatment of immunocompetent adult patients with hospital-acquired pneumonia: a meta-analysis of randomized controlled trials. *European Respiratory Journal*, 2007;29(3):548-560.

- 44) Falagas ME, **Vardakas KZ**, Athanassiou S: Heparin for treatment of septic thrombophlebitis. *European Journal of Pharmacology*, 2007;557(2-3):93-98.
- 45) Falagas ME, Siempos II, Papagelopoulos PJ, **Vardakas KZ**: Linezolid for the treatment of bone and joint infections in adults. *International Journal of Antimicrobial Agents*, 2007;27:33-39.
- 46) Falagas ME, Matthaïou DK, **Vardakas KZ**. Fluoroquinolones vs beta-lactams for empirical treatment of immunocompetent patients with skin and soft tissue infections: a meta-analysis of randomized controlled trials. *Mayo Clinic Proceedings*, 2006;81(12):1553-1566.
- 47) Falagas ME, Manta KG, Ntziora F, **Vardakas KZ**. Linezolid for the treatment of patients with endocarditis: a systematic review of the published evidence. *Journal of Antimicrobial Chemotherapy*, 2006;58(2):273-280.
- 48) Falagas ME, **Vardakas KZ**: Anti-cytomegalovirus (CMV) prophylaxis in solid organ transplant recipients. *Clinical Microbiology and Infection*, 2006;12(7):603-605.
- 49) **Vardakas KZ**, Samonis G, Michalopoulos A, Karavasiou A, Falagas ME: Antifungal prophylaxis with azoles in high-risk surgical intensive care unit patients: a meta-analysis of randomized, placebo-controlled trials. *Critical Care Medicine*, 2006;34(4):1216-1224.
- 50) Rellos K, Falagas ME, **Vardakas KZ**, Sermaides G, Michalopoulos A. Outcome of critically ill oldest-old patients (aged 90 and older) admitted to the intensive care unit. *Journal of the American Geriatric Society*, 2006;54(1):110-114.
- 51) **Vardakas KZ**, Michalopoulos A, Falagas ME: Fluconazole versus itraconazole for antifungal prophylaxis in neutropenic patients with haematologic malignancies: A meta-analysis of randomized controlled trials. *British Journal of Haematology*, 2005;131(1):22-28.
- 52) **Vardakas KZ**, Soteriades ES, Chrysanthopoulou S, Papagelopoulos EJ, Falagas ME. Perioperative anti-infective prophylaxis with teicoplanin compared to cephalosporins in orthopedic and vascular surgery involving prosthetic material. *Clinical Microbiology and Infection*, 2005;11(10):775-77.
- 53) Bliziotis IA, Samonis G, **Vardakas KZ**, Chrysanthopoulou S, Falagas ME: Effect of aminoglycoside/beta-lactam combination therapy versus beta lactam monotherapy on the emergence of antimicrobial resistance: a meta-analysis of randomised controlled trials. *Clinical Infectious Diseases*, 2005;41(2):149-158.
- 54) **Vardakas KZ**, Samonis G, Bliziotis IA, Chrysanthopoulou S, Falagas ME. The role of glycopeptides as part of the empirical treatment in febrile neutropenic patients: a meta-analysis of randomized controlled trials. *Lancet Infectious Diseases*, 2005;5(7):431-439.

LETTERS

- 1) Falagas ME, Tansarli GS, Ikawa K, **Vardakas KZ**. Reply to Soman et al and Frippiat et al. *Clinical Infectious Diseases*. 2013, in print.
- 2) **Vardakas KZ**, Siempos II, Falagas ME. Study conclusions should reflect results - author reply. *Canadian Medical Association Journal*, 2009;180(7):738.
- 3) Falagas ME, **Vardakas KZ**, Mourtzoukou EG: Sex differences in the incidence and severity of respiratory tract infections. *Respiratory Medicine*, 2008;102(4):627.
- 4) **Vardakas KZ**, Falagas ME. Interpreting the findings of a cohort study of bacteremic patients with community acquired pneumonia. *Chest*, 2007;132(5):1715-6.

- 5) Falagas ME, **Vardakas KZ**: Liposomal amphotericin B as antifungal prophylaxis in bone marrow transplant patients. *American Journal of Hematology*, 2006;81(4):299-300.
- 6) Falagas ME, **Vardakas KZ**, Michalopoulos A. In meta-analysis itraconazole is superior to fluconazole for prophylaxis of systemic fungal infection in the treatment of haematological malignancy - response to Prentice et al. *British Journal of Haematology*, 2006;132(5):658-9.

BOOK CHAPTERS

- 1) **Vardakas KZ**, Samonis G, Falagas ME. Decreasing the incidence and impact of infections in neutropenic patients: evidence from meta-analyses of randomized controlled trials. In: Akova M, Akan H (ed). *Febril Notropeni*. Bilimsel Tip Yayinini, Ankara, 2010.

ABSTRACTS

(Selection of original research abstracts from international scientific meetings)

- 1) **Vardakas KZ**, Tansarli GS, Bliziotis IA, Falagas ME. β -lactam plus aminoglycoside or fluoroquinolone combination versus β -lactam monotherapy for *Pseudomonas aeruginosa* infections: a meta-analysis. 23th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2013.
- 2) Falagas ME, Tansarli GS, **Vardakas KZ**. Impact of vacuum-assisted closure (VAC) therapy on clinical outcomes of patients with sternal wound infections: a meta-analysis. 23th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2013.
- 3) Kostantelias A, **Vardakas KZ**, Polyzos K, Tansarli GS, Falagas ME. Effectiveness of antimicrobial catheters in cerebrospinal fluid shunting associated infections: a systematic review and meta-analysis. 23th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2013.
- 4) Samonis G, **Vardakas KZ**, Tansarli GS, Dimopoulou D, Papadimitriou G, Kofteridis D, Maraki S, Karanika M, Falagas ME. *Clostridium difficile* in Crete, Greece: epidemiology, microbiology and clinical disease. 23th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2013.
- 5) **Vardakas KZ**, Matthaïou DK, Antypa E, Pappas E, Kechagioglou G, Antoniadou E. Risk factors for the development of carbapenem-resistant *Klebsiella pneumoniae* infections in critically ill patients. 20th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2010.
- 6) **Vardakas KZ**, Mavros M, Roussos N, Falagas ME. Vancomycin for treatment of gram positive infections: a meta-analysis of randomized controlled trials. 20th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2010.
- 7) **Vardakas KZ**, Matthaïou DK, Antypa E, Grammatikos A, Chasou, E, Antoniadou E. Risk factors for the development of carbapenem-resistant *Klebsiella pneumoniae* infections in critically ill patients. 30th International Symposium on Intensive Care and Emergency Medicine, March 2010
- 8) Siempos II, **Vardakas KZ**, Kiriakopoulos C, Ntaïdou TK, Falagas ME. Predictors of mortality in patients with ventilator-associated pneumonia. 19th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), May 2009.

- 9) **Vardakas KZ**, Matthaïou DK, Falagas ME. Comparison of community-acquired pneumonia due to methicillin-resistant and methicillin-susceptible *Staphylococcus aureus* producing the Panton-Valentine leukocidin. 19th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), May 2009.
- 10) **Vardakas KZ**, Matthaïou DK, Falagas ME. Adjunctive dexamethasone therapy for bacterial meningitis in adults: a meta-analysis of randomized controlled trials. *48th ICAAC / 46th IDSA Annual Meeting*, Washington DC, October 2008.
- 11) **Vardakas KZ**, Michalopoulos A, Kiriakidou K, Siamply E, Samonis G, Falagas ME. Candidaemia: incidence, risk factors, characteristics, and outcomes in immunocompetent critically ill patients. 18th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2008.
- 12) Falagas ME, Giannopoulou K, **Vardakas KZ**, Dimopoulos G, Karageorgopoulos D. Comparison of antibiotics with placebo for the treatment of presumed acute bacterial sinusitis: a meta-analysis of randomised controlled trials. 18th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2008.
- 13) Siempos II, **Vardakas KZ**, Falagas ME. Closed tracheal suction systems for prevention of ventilator-associated pneumonia. 18th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), April 2008
- 14) Falagas ME, Siempos II, **Vardakas KZ**. Linezolid versus a glycopeptide or beta-lactam for treatment of Gram-positive bacterial infections: a metaanalysis of randomised controlled trials. 25th International Congress of Chemotherapy (ICC)/17th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), Munich, Germany, April 2007.
- 15) Rafailidis PI, Kakisi OK, **Vardakas KZ**, Falagas ME. Infectious complications of monoclonal antibodies used in cancer therapy. 25th International Congress of Chemotherapy (ICC)/17th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), Munich, Germany, April 2007.
- 16) Falagas ME, Karveli EA, Siempos II, **Vardakas KZ**. Acinetobacter infections: a growing threat for critically ill patients. 25th International Congress of Chemotherapy (ICC)/17th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), Munich, Germany, April 2007.
- 17) Falagas ME, Matthaïou DK, **Vardakas KZ**. Fluoroquinolones versus β -lactams for the empirical treatment of immunocompetent patients with skin and soft tissue infections: a meta-analysis of randomized controlled trials. 46th Interscience Conference on Antimicrobial Agents and Chemotherapy (ICAAC), San Francisco, California, September 2006.
- 18) **Vardakas KZ**, Horianopoulou M, Falagas ME. Factors associated with treatment failure in patients with diabetic foot infections: an analysis of data from randomized controlled trials. 46th Interscience Conference on Antimicrobial Agents and Chemotherapy (ICAAC), San Francisco, California, September 2006.
- 19) Michalopoulos A, **Vardakas KZ**, Samonis G, Nikita D, Soteriades E, Rellos K, Falagas ME. Antifungal prophylaxis with azoles in high-risk, surgical ICU patients: a meta-analysis. 18th Annual Congress of the European Society of Intensive Care Medicine (ESICM), Amsterdam, Netherlands, September 2005.
- 20) Rellos K, Falagas ME, **Vardakas KZ**, Sermaides G, Fotakis D, Papacharalabous V, Michalopoulos A. Outcome of critically oldest old. patients (age \geq 90 years) admitted to

the ICU. 18th Annual Congress of the European Society of Intensive Care Medicine (ESICM), Amsterdam, Netherlands, September 2005.

- 21) **Vardakas KZ**, Soteriades E, Chrysanthopoulou S, Papagelopoulos PJ, Falagas ME. Perioperative anti-infective prophylaxis with teicoplanin or second generation cephalosporins in vascular and orthopedic surgery involving prosthetic material: a meta-analysis of randomised controlled trials. 15th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), Copenhagen, Denmark, April 2005.
- 22) Bliziotis I, Samonis G, **Vardakas KZ**, Chrysanthopoulou S, Falagas ME. Effect of aminoglycoside/beta-lactam combination therapy versus beta lactam monotherapy on the emergence of antimicrobial resistance: a meta-analysis of randomised controlled trials. 15th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), Copenhagen, Denmark, April 2005.

LECTURES

- 1) "Treatment of candidemia and aspergillosis", March 2013, 8th Top Ten in Infectious Diseases, Athens, Greece
- 2) "Underestimation of the epidemiology of *C. difficile* infection", November 2011, 7th Top Ten in Infectious Diseases, Athens, Greece
- 3) "Corticosteroids for acute bacterial meningitis" November 2010, 6th Top Ten in Infectious Diseases, Athens, Greece
- 4) "Antibiotics for acute bacterial sinusitis" April 2008, 18th European Congress of Clinical Microbiology and Infectious Diseases, Barcelona, Spain.
- 5) "Pituitary Apoplexy", April 2002, The 8th Annual Congress of Greek Medical Students, under the supervision of Ass. Prof. G. Gerolouka-Kostopanagiotou.
- 6) "Emergency Contraception" March 2002, The 1st Department of Obstetrics and Gynecology, Athens University School of Medicine, Alexandra General Hospital, under the supervision of Ass. Prof. G. Kallipolitis
- 7) "Large Bowel Cancer: symptoms and diagnosis" April 2001, The 3rd Department of Internal Medicine, Athens University School of Medicine, Sotiria General Hospital, under the supervision of Ass. Prof. K. Syrigos

PARTICIPATION IN CONGRESSES

- 1) 20th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), 2010, Vienna, Austria
- 2) 19th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), 2009, Helsinki, Finland
- 3) 48th International Congress of Antimicrobial Agents of Chemotherapy (ICAAC) and 46th Annual meeting of Infectious Diseases Society of America (IDSA), 2008, Washington, USA
- 4) 18th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), 2008, Barcelona, Spain.
- 5) The 6th Top Ten of Infections, November 2010, Athens, Greece
- 6) The 5th Top Ten of Infections, February 2009, Athens, Greece
- 7) The 4th Top Ten of Infections, March 2008, Athens, Greece
- 8) The 3rd Top Ten of Infections, March 2007, Athens, Greece
- 9) The 2nd Top Ten of Infections, February 2006, Athens, Greece

- 10) The post-educational courses of Endocrinology and Diabetes, 2004, Athens, Greece
- 11) The 17th Congress of the Diabetic Association of North Greece, 2003, Thessaloniki, Greece

CAREER PLANS

I am looking forward to starting my training in Infectious Diseases.

ADDITIONAL INFORMATION

Languages:

English: 1) Cambridge First Certificate in English, December 1991

2) Cambridge Certificate in Advanced English, June 1996

German: Goethe Institut Zertifikat Deutsch als Fremdsprache, August 1994

Computer skills: Word, Excel, Power point, Internet explorer

HOBBIES

Reading, chess, football, theatre

REFERENCES

1. George Samonis, Professor of Internal Medicine

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2. Matthew Falagas, Adjunct Ass. Prof. Tufts University School of Medicine

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3. Konstantinos Hatzigogos, MD, Internal Medicine Specialist

Past Director, Department of Internal Medicine, "G. Gennimatas" General Hospital

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